

**BE SAFE
CHICAGO** ★★



**Be Safe.
Healthcare**

Be Safe. Healthcare

What's in this guide?



Gradually Resume
(Phase IV)

Cautiously reopening Chicago requires:

Healthy interactions

Social distancing



Limitations on physical distance to other individuals

Gathering size



Limitations on gatherings of individuals

Protective gear



Use of protective gear by individuals

Hygiene requirements



Ensuring hygienic interactions (e.g., hand washing)

Safe spaces & conditions

Entry access



Entry/exit condition for access to space

Cleaning standards



Actions taken to disinfect space

Visual guidance



Hygiene resources and guidance posted in space

Workplace conditions



Evaluation of foot traffic, ventilation, etc.

Operational resilience & monitoring

Flexible models



Flexibility with sick leave, remote work (when possible)

Operational resiliency



Support for operational flexibility (e.g., multiple shifts)

Travel guidelines



Restriction of movement of people between locations

Testing / tracking



Facilitation of testing and tracking

- Recommended guidance -

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Maintain >6ft social distancing, where possible

- Maintain social distancing to the extent possible in waiting rooms, cafeterias, etc.
- For dialysis centers, place dialysis chairs as far apart as possible, with at least 6 ft. distance
- In physicians' offices, encourage tape line guidance
- In Mental Health facilities, barriers suggested at front desk



Limit gatherings of individuals

- Limit gatherings of employees and public in cafeterias, meeting rooms, and other gathering points
- [CLICK HERE to view more specific Healthcare Phase IV capacity restrictions](#)



Require face coverings

- In any indoor common spaces, face coverings must be worn over nose and mouth (exceptions can be made for people with medical conditions or disabilities that prevent them from safely wearing a face covering)
- Do not require face coverings in any setting where it may cause a safety hazard (e.g., specialized laboratory) or where face coverings are not possible (e.g., eating / drinking)



Promote healthy hygiene in line with IDPH, CDPH, and Federal guidelines

- Ensure employees practice healthy hygiene, handwashing, etc.
- Follow IDPH elective surgery guidance
- In physicians' offices, no food/drink in clinical areas, and no sharing of food/drink
- In nursing homes, encourage installment of handwashing stations, eye wash stations, and sanitization stations

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Safe spaces & working conditions



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Entry Access



Cleaning standards



Visual guidance



Work-place

Limit visitors and screen staff prior to entry

- Prior to entering establishment, employees self-screen to ensure no symptoms of COVID-19 (e.g., questionnaire – see appendix)
- Encourage pre-registration
- Limit visitors, if possible; where visitors are allowed, pre-screen for symptoms

Frequent daily cleaning; establish COVID and non-COVID areas

- For cleaning policies, follow heightened infection control procedures (e.g., frequent daily cleaning, thorough overnight cleanings)
- If available, establish areas for COVID-19 patients only

Post visual guidance on hygiene standards for employees/patients/visitors

- Follow CDC or EPA guidelines as to best practices for visual signs
- Consider posting visual guidance regarding new operating conditions (e.g., screening, cleaning)

Comply with all national, state and local requirements pertaining to COVID, in addition to hospital operation standards

- If clinically appropriate, encourage disablement of aerosolizing equipment (e.g., air hand dryers)

- Recommended guidance -



Flexible models

Allow remote working for applicable employees & telehealth

- If available, utilize shift-based scheduling and staggered break times
- Use telehealth operations as much as possible



Operation resiliency

Remove any common public items

- Remove non-essential items from waiting rooms (e.g., magazines, toys)



Travel guidelines

Limit travel

- Limit travel to important business only



Follow CDPH and CDC guidance for testing and tracing protocols

- If employee does contract COVID-19, they must follow all CDC guidelines before returning to work
- If an employee is identified as being COVID-19 positive by testing, cleaning and disinfecting must be performed according to CDC guidelines
- Any employee who has had close contact with a co-worker or any other person who is diagnosed with COVID-19 should self quarantine according to CDC guidelines
- If a facility becomes aware of 2 or more cases possibly associated with an establishment over a 14 day period, employers are required to report cases to CDPH
- Follow all other CDPH guidance set forth and comply with CDPH recommendations in response to a workplace outbreak



Glossary

Gathering: A group of individuals outside a single household who are part of a spontaneous or planned event convening for more than ten minutes

Handwashing: The act of thoroughly cleaning one's hands with soap and water for at least 20 seconds or using a disinfectant capable of eliminating the virus that causes COVID-19

Social distancing: The physical spacing of at least six feet between individuals, or groups of individuals.

PPE: Personal protective equipment (e.g., face coverings, goggles, face shields); requirements vary based on industry and specific circumstances

Self-screening sample questionnaire

Self-screening: A protocol by which an employee answers questions at the start of a shift. Subject to the guidance of the Commissioner of Health, the questions may include:

- Have you had a body temperature over 100 degrees Fahrenheit or have you used a fever reducer in the previous 24 hours to treat a body temperature over 100 degrees Fahrenheit?
- Do you have a new cough that you cannot attribute to another health condition?
- Do you have a new or worsening sore throat that you cannot attribute to another health condition?
- Do you have new shortness of breath that you cannot attribute to another health condition?
- Have you recently developed a complete loss of smell or taste?



General workplace guidance

Healthcare guidance

Disclaimer

National resources for further guidance

CDC – *Activities and Initiatives Supporting the COVID-19 Response and the President's Plan for Opening America Up Again:*
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/php/CDC-Activities-Initiatives-for-COVID-19-Response.pdf>

CDC – *Guidance for Businesses and Workplaces*
<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html>

OSHA *Guidance on Preparing Workplaces for COVID-19:*
<https://www.osha.gov/Publications/OSHA3990.pdf>

CDC – *Guidance for Healthcare systems:*
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/framework-non-COVID-care.html>

CDC – *Guidance for Healthcare professionals:*
<https://www.cdc.gov/coronavirus/2019-nCoV/hcp/index.html>

American Medical Association – *Physician Practice Guide to Reopening:* <https://www.ama-assn.org/delivering-care/public-health/covid-19-physician-practice-guide-reopening>

OSHA – *Guidance for Nursing Home and Longterm Care Facility Workers:* <https://www.osha.gov/Publications/OSHA4025.pdf>

Clinician's facilities – CDPH guidelines
<https://www.chicagohan.org/covid-19>

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All material in this document is subject to change based on Federal, State, and CDPH guidelines.